

If you are homeless or without means we will give you a sight test and glasses free of charge at one of our Regional Clinics.

**MANCHESTER
CORNERSTONE DAY CENTRE**

Opticians on Mondays 10.30 am – 3.00 pm

104b Denmark Rd, Manchester, M15 6JS

Click here for google map [Cornerstone Day Centre](#)

You can drop in without an appointment during opticians opening times. Alternatively, make an appointment by emailing info@vchp.org.uk or calling 020 3286 4186 Monday to Friday 9am to 5pm.

**BIRMINGHAM
SIFA FIRESIDE**

Opticians on Mondays 9.00 am – 1.00 pm

48-52 Allcock Street, Birmingham, B9 4DY

Click here for google map [SIFA Fireside](#)

You can drop in without an appointment during opticians opening times. Alternatively, make an appointment at SIFA reception or call 0121 766 1700, Mon to Fri 8.30 to 4pm.

**EXETER
CLOCK TOWER SURGERY, WAT TYLER HOUSE**

Opticians on Tuesdays 2.00 pm – 5.00 pm

3 King Williams Street, Exeter, EX4 6PD

Click here for google map [Clock Tower](#)

Entrance to surgery on right in entrance lobby.

You can drop in without an appointment during opticians opening times. Alternatively, make an appointment at Clock Tower Surgery reception or call 01392208290, Monday to Friday 9:15am–12:15pm, 2–5pm.

LEEDS

St. George's Crypt

Opticians on Mondays 11.00 am – 3.00 pm

Great George St, Leeds, LS1 3BR

Click here for google map [St. George's Crypt](#)

Entrance in Thoresby Place.

You can drop in without an appointment during opticians opening times. Alternatively, make an appointment at St. George's Crypt reception or call 01132459061.

BRIGHTON

BHT First Base Day Centre

Opticians on alternate Thursdays 9.00 am – 12:30 pm

St. Stephen's Hall, Montpelier Place, Brighton, BN1 3BF

Click here for google map [First Base Day Centre](#)

Press entry buzzer at large purple door.

You can drop in without an appointment during opticians opening times. Alternatively, make an appointment at First Base reception or call 01273 326844, Monday 9am to 1pm.
Tuesday to Friday 9am to 4pm.

Charity Number: 1118076

www.vchp.org.uk info@vchp.org.uk 02032864186